



NATIONALLY  
ACCREDITED  
BOY SCOUTS OF AMERICA CAMP



CAMP RAVEN KNOB  
OLD HICKORY COUNCIL, BSA

SUMMER CAMP  
PARENT'S GUIDE

'23

This document is intended for units preparing to attend Camp Raven Knob Scouts, BSA Resident Camp, to distribute to parents/guardians of scouts attending in the summer of 2023. Please use this as a guide to help prepare you and your scout for their week-long stay at summer camp at CRK.

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## Contact Us

### From August 1<sup>st</sup> to May 15<sup>th</sup>

Hunter Day – Raven Knob Camp Director



[hunter.day@ravenknob.com](mailto:hunter.day@ravenknob.com)



(336) 880-4743-Cell  
(336) 760-2900-Office

### From May 15<sup>th</sup> to July 31<sup>st</sup>

Camp Raven Knob



[registration@ravenknob.com](mailto:registration@ravenknob.com)



(336) 352-4307



## Before Your Scout Arrives

### Packing List

This is a basic list of items we recommend your scout bring to camp for the week. We strongly encourage you to watch the weather forecast the week leading up to camp to make any arrangements.

Complete Scout Uniform	T-Shirts	Shorts or Long Pants	Swimsuits
Merit Badge Specific Clothing	Underwear	Socks	Cloth Face Mask x2
Insect Repellent	Footwear for boating/shower	Hat if desired	Sweater or jacket
Extra shoes or boots	Poncho or rain gear	Notebook and pen	Scout handbook
Watch	Washcloth and towel	Toiletry items	Flashlight
Sleeping bag	Alarm clock (Optional)	Pocketknife	Footlocker, suitcase, or backpack
Laundry bag	Trading Post Money	Medications	

Please note that Camp Raven Knob is not responsible for any lost or stolen goods, please make sure that all valuables stay at home or assume the risk they may not return home.

### Dress Code

For more information about Camp Raven Knob's dress code, please visit [ravenknob.com/dresscode](http://ravenknob.com/dresscode).

### Medical Forms

The Boy Scouts of America requires each participant that attends BSA Summer Camp to have a completed BSA Medical Form with Parts A, B, & C filled out. Part C required a Physician's signature from an annual physical. Please make sure that you are using the current BSA Medical Form by going to: [www.scouting.org/health-and-safety/ahmr/](http://www.scouting.org/health-and-safety/ahmr/). Please be sure to fill out the other parts of the medical form completely.

### Medications

Per BSA National Standards, all prescription medications (including those needing refrigeration) are to be kept in locked storage and in compliance with local and state laws. Lockable ammo containers are attached to the shelter in each campsite and may be used for this purpose (units will need to provide a lock for the lockbox). The Health Lodge is also able to store medications as necessary securely. According to local laws, it is required that all schedule II Narcotics be secured under dual lock and key in the Health Lodge for participants under the age of 18.

In some instances, a camper or leader may carry a limited amount of medication for life-threatening conditions, including epinephrine autoinjectors, inhalers, and heart medications. If sending medicine with your Scout to camp, please send it in its original container.

### Merit Badge Schedule

You can find the most recent merit badge schedule [here](#). Please use that reference if you are helping decide which merit badges your scout is planning to take; for more details on each merit badge, click [HERE](#).



## During Camp

### Trading Post

The Camp Raven Knob Trading Post is the hub for everything your scout might need while at camp. We recommend that each scout bring a minimum of \$80 to camp to make purchases throughout the week. We take all major credit cards, along with Apple Pay & Google Pay.

On the snack side of the store, we carry bottled and fountain drinks, slush puppies, chips, nachos, popcorn, hot pretzels, microwave pizzas, Hot Pockets, ice cream, candy, and more—most products on the snack side of the trading post at \$3 or less.

On the Store Side of the Trading Post, your scout can purchase life-long mementos and camping gear. We keep t-shirts, hats, hoodies, stickers, magnets, knives, frisbees, and other camping gear in stock. Clothing items run between \$15 & \$40.

Our recommendation is for scouts to bring a re-loadable payment card with them. Parents can load the card with money & view the balance of the card; you can also add more money to the card throughout the week if your scout is running low. Our recommended card is the Vanilla Visa Card which can be purchased here: <https://www.myvanillacard.com/>.

### Mail

We welcome parents, family, and friends to send mail to scouts during the week. All mail arrives at our Administration Building and is then distributed to units in the mailbox at the Dining Hall. Packages will be distributed at the Administration Building. We do ask that you label your address using the following system indicated.

Rowdy Raven (Scouts Name)  
Troop 89 (Scouts Troop Number)  
266 Raven Knob Road  
Mount Airy, NC 27030

If you are sending a package from Amazon, Raven Knob will usually receive those packages in two days, if not one-day shipping. FedEx, UPS, & USPS make daily deliveries to camp. Scouts are also welcome to mail a letter from camp; postcards and stamps are available in the Trading Post.

**All mail/packages that arrive late will be sent back as a return to sender; camp will not redirect mail to another address.**

### Send your Scout a Message

Scouts can receive messages while at camp. Messages may be sent to Scouts through the camp's website ([ravenknob.com](http://ravenknob.com)). Enter the unit Number, Scout name, and message in the form provided. All messages will be printed and delivered to the unit mailboxes with regular mail and messages.

### Visiting Your Scout

Parents, family & friends are all invited to the Wednesday Night family night/campfire. Gates open at 5:30 pm for people to join; the campfire will begin at 8:15 pm in the OA Arena and end around 9:45 pm. The trading post will be available to all guests after and before the campfire, so be sure to stop in for snacks or souvenirs. Other than the Wednesday evenings, parents wanting to see their scout must be coordinated with the troop.



If COVID-19 measures are in place, it can significantly change the accessibility to camp for outside guests. Please check [ravenknob.com/covid19](https://ravenknob.com/covid19) for the most up-to-date information.

## Special Diets

We understand that sending your scout off to camp can be stressful, especially when dealing with allergies and special diets. We strive to ensure that we can meet those challenges with no issue for the scout in a few different ways. Troops are required to submit a special diet form which can be found at [ravenknob.com](https://ravenknob.com); please be sure your summer camp coordinator has your scouts' dietary needs on the form so we can prepare and order food to accommodate your scout.

Scouts are also welcome to bring food with them, as there might be meals that they do not prefer. Our dining hall has dry storage and refrigerator/freezer storage for scouts and leaders to store food.

**PLEASE NOTE: ONLY SCOUTS WITH SPECIAL DIETS ARE ALLOWED TO BRING FOOD TO THE DINING HALL.**

# References

## Camp Map

